

Daily Prayer Guide

Confession of Sin

Begin with silence, confessing your sins, then say:

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Here these words, which remind us that our sins are forgiven through Jesus' death on the cross:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Responding in thanksgiving for what God has done for us,
recite Psalm 100:

Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.
Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.

For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.

You may also read other Psalms, such as Psalm 1, 4, 95, 96

Scripture Reading: take time to read and reflect on a chapter or two from the Bible. If praying with a friend, take time to discuss the passage. You may use a reading guide, or, if you haven't read the Bible before, you can read in the following order:

John
Romans
Matthew
Ephesians

Silence: Take some time to quiet your heart, and begin to speak with God.

Prayer: Begin by thanking God for what He has done for us. Then pray for yourself, your friends, your family, for those who are sick, and for those who need to know Christ.

At the end of your prayer time recite the Our Father:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Closing Prayer: Recite the Following:

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning; Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

The Apostles Creed: From time to time, before the closing prayer, you should recite the Apostles' Creed, which is the oldest statement of the Christian faith:

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.